

# Nicole Langman

Therapist | Author | Speaker

*finding beauty in the mess, courage in the storm*

## About Nicole

Nicole is a therapist, author, and speaker - with a raging sweet tooth, a hankering for adventure, and a soft spot for anything furry.

Her passion is to travel with women through the valley's and victories of life - towards a solid identity in Jesus Christ.

But not just travel quietly - she wants to travel with a megaphone declaring God's Truth's, and reminding women who they are - and Whose they are.

But life is messy. And after a painful blind side, Nicole found herself face down in the valley of rejection. It turns out our bottom of the valley is actually God's workbench.

She delivers meaningful messages with humour and enthusiasm, peppered with therapeutic insights and takeaways.

Her conversational, energetic approach invites women into an exciting experience with personal growth, and empowers them to embrace their own journey as purposeful and powerful.

## Most Popular Speaking Topics

- Our Mess is Our Message
- Boundaries, Boundaries, Everywhere!
- It's Okay Not to be Okay
- For Such a Time As This

## Contact Nicole

Nicole is available as a keynote for your retreat, or as a guest speaker for your next women's workshop. Whether you are hosting a morning luncheon or a weekend conference, she would love the opportunity to work with your church, organization, or ministry.

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Nicole is the author of *You Are Wanted - Reclaiming the Truth of Who You Are*, and the *Rejection Recovery Resource Kit*.

Her devotions have been published and featured in publications by Proverbs 31, and EA Books Publishing.

